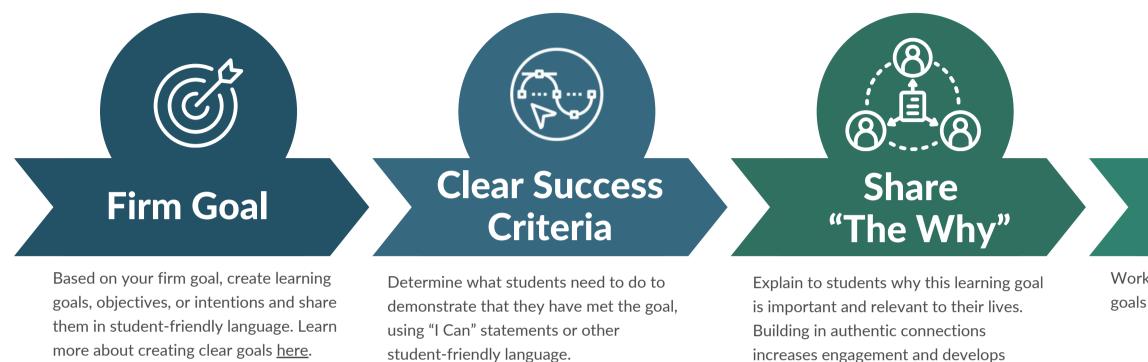
## Helping Students Set Goals in 5 Easy Steps



learner agency.

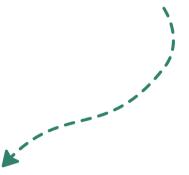
	How will I grow?	This type of goal might focus on the student identifying a coping strategy, exploring ways to work on, such as becoming more collaborative or challenging themselves when making choi
Al TB	What do I want to know?	A student might set a specific goal based on what they already know or what they want to l
	How will I show?	Students might use this question to develop a goal around demonstrating what they learn. T product they wouldn't usually gravitate toward. They might also want to work on a specific



## Align Goals

Self-Reflect

Work with students on setting their own goals related to the learning intention



Embed opportunities for students to check in with the learning intention and their personal goal throughout the activity. Encourage students to reflect on:

- their progress
- areas of support they need to meet goals
- whether they met their goal, yet
- the process of goal-setting

to grow in empathy or self-awareness, or developing an area they want to pices about their learning.

learn about the content being studied.

The goal could involve challenging themselves to choose a scaffold or end c skill that you provided action-oriented feedback on in the previous lesson.